

After a Dental Filling

General

It is normal to experience some symptoms after a dental filling. These symptoms are usually temporary and mild. Post-filling symptoms are more common if the filling is deep or extensive.

Possible Symptoms

1. **Tenderness:** The tooth and gums may be tender for a few days after the filling. This is normal and results from the manipulation of the tooth tissue.
2. **Sensitivity:** You may experience sensitivity in the filled tooth, especially when exposed to cold or heat. This sensitivity usually diminishes on its own within a few days.
3. **Chewing Discomfort:** There may be discomfort when chewing. This discomfort should ease within a few days.

Care and Management

- **Pain Relievers:** If the pain is bothersome, you can use over-the-counter pain relievers available from pharmacies, such as acetaminophen or ibuprofen. Always follow the package instructions and dosage.
- **Toothpaste:** If you experience sensitivity to cold or discomfort with temperature changes, try using a fluoride toothpaste designed to reduce sensitivity.
- **Oral Hygiene:** Continue your good oral hygiene routine after the filling, even though the tooth and gums may be sensitive.

When to Contact Your Dentist?

If pain or other symptoms continue for more than a week in intensity or worsen, contact your dentist.

Remember, while post-filling symptoms are common, they should not be long-lasting or extremely painful.